

# ASCA Alignment with **Success Bound**



This chart demonstrates how the Success Bound middle school curriculum aligns with the ASCA Student Standards

## **ASCA Mindsets & Behaviors**

The American School Counselor Association (ASCA) Student Standards: Mindsets & Behaviors for Student Success describe the knowledge, attitudes, and skills students need to achieve academic success, college and career readiness, and social/emotional development. The standards are based on a survey of research and best practices in student achievement from a wide array of educational standards and efforts.

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## **Success Bound**

Success Bound is a curriculum for middle grade students to explore their identities and futures, expanding their outlook on postsecondary opportunities. The Success Bound curriculum includes an entire unit dedicated to college and career exploration, and skills for postsecondary readiness are woven throughout all units and grade levels. The chart below demonstrates how Success Bound lessons align with the ASCA Mindsets and Behavior Standards. This graphic highlights the standards addressed in each of the Success Bound Units.

# 6th Grade

Standards	Unit 0	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>Mindset Standards</b>							
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being		✓		✓		✓	
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	✓	✓		✓		✓	
M 3. Positive attitude toward work and learning		✓	✓		✓	✓	
M 4. Self-confidence in ability to succeed			✓			✓	✓
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes			✓			✓	
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success					✓		
<b>Behavior Standards: Learning Strategies</b>							
B-LS 1. Critical thinking skills to make informed decisions			✓		✓		✓
B-LS 2. Creative approach to learning, tasks and problem solving		✓	✓	✓		✓	
B-LS 3. Time-management, organizational and study skills				✓		✓	
B-LS 4. Self-motivation and		✓	✓		✓	✓	

B-LS 5. Media and technology skills to enhance learning		✓			✓	✓	✓
B-LS 6. High-quality standards for tasks and activities							
B-LS 7. Long- and short-term academic, career and social/emotional goals		✓	✓		✓	✓	✓
B-LS 8. Engagement in challenging coursework							
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias		✓					✓
B-LS 10. Participation in enrichment and extracurricular activities							

**Behavior Standards: Self-Management Skills**

B-SMS 1. Responsibility for self and actions	✓	✓	✓			✓	
B-SMS 2. Self-discipline and self-control				✓		✓	
B-SMS 3. Independent work							
B-SMS 4. Delayed gratification for long-term rewards						✓	
B-SMS 5. Perseverance to achieve long and short-term goals			✓			✓	
B-SMS 6. Ability to identify and overcome barriers			✓	✓			
B-SMS 7. Effective coping skills			✓	✓		✓	
B-SMS 8. Balance of school, home and community activities				✓			
B-SMS 9. Personal safety skills							
B-SMS 10. Ability to manage transitions and						✓	✓

**Behavior Standard: Social Skills**

B-SS 1. Effective oral and written communication skills and listening skills	✓				✓	✓	
B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them	✓	✓		✓	✓	✓	
B-SS 3. Positive relationships with adults to support success	✓		✓			✓	
B-SS 4. Empathy		✓		✓		✓	
B-SS 5. Ethical decision-making and social responsibility					✓	✓	
B-SS 6. Effective collaboration and cooperation skills				✓	✓		
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups				✓	✓		
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary			✓	✓			
B-SS 9. Social maturity and behaviors appropriate to the situation and environment		✓		✓	✓	✓	
B-SS 10. Cultural awareness, sensitivity and responsiveness		✓		✓		✓	

# 7th Grade

Standards	Unit 0	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>Mindset Standards</b>							
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being		✓	✓	✓		✓	
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	✓	✓		✓		✓	
M 3. Positive attitude toward work and learning		✓	✓		✓		✓
M 4. Self-confidence in ability to succeed			✓		✓		✓
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes			✓			✓	✓
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success					✓		
<b>Behavior Standards: Learning Strategies</b>							
B-LS 1. Critical thinking skills to make informed decisions		✓	✓		✓	✓	✓
B-LS 2. Creative approach to learning, tasks and problem solving		✓		✓	✓	✓	
B-LS 3. Time-management, organizational and study skills				✓		✓	
B-LS 4. Self-motivation							

and self- direction for		✓	✓		✓	✓	✓
B-LS 5. Media and technology skills to enhance learning					✓		✓
B-LS 6. High-quality standards for tasks and activities							
B-LS 7. Long- and short-term academic, career and social/emotional goals			✓		✓	✓	✓
B-LS 8. Engagement in challenging coursework							
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias							✓
B-LS 10. Participation in enrichment and extracurricular activities						✓	

**Behavior Standards: Self-Management Skills**

B-SMS 1. Responsibility for self and actions	✓			✓		✓	
B-SMS 2. Self-discipline and self-control					✓	✓	
B-SMS 3. Independent work						✓	
B-SMS 4. Delayed gratification for long-term rewards							
B-SMS 5. Perseverance to achieve long and short-term goals			✓				
B-SMS 6. Ability to identify and overcome barriers		✓	✓		✓	✓	
B-SMS 7. Effective coping skills			✓				
B-SMS 8. Balance of school, home and community activities		✓		✓		✓	
B-SMS 9. Personal safety skills				✓			

B-SMS 10. Ability to manage transitions and						✓	
<b>Behavior Standards: Social Skills</b>							
B-SS 1. Effective oral and written communication skills and listening skills	✓	✓	✓	✓		✓	✓
B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them	✓	✓	✓	✓	✓	✓	✓
B-SS 3. Positive relationships with adults to support success	✓	✓				✓	
B-SS 4. Empathy		✓	✓	✓		✓	
B-SS 5. Ethical decision-making and social responsibility				✓		✓	
B-SS 6. Effective collaboration and cooperation skills		✓	✓	✓	✓	✓	✓
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups		✓		✓			
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary				✓			
B-SS 9. Social maturity and behaviors appropriate to the situation and environment		✓	✓	✓	✓	✓	✓
B-SS 10. Cultural awareness, sensitivity and responsiveness		✓	✓	✓		✓	

# 8th Grade

Standards	Unit 0	Unit 1	Unit 2	Unit 3	Unit 4	Unit 5	Unit 6
<b>Mindset Standards</b>							
M 1. Belief in development of whole self, including a healthy balance of mental, social/emotional and physical well-being			✓	✓		✓	
M 2. Sense of acceptance, respect, support and inclusion for self and others in the school environment	✓	✓		✓		✓	
M 3. Positive attitude toward work and learning						✓	
M 4. Self-confidence in ability to succeed		✓	✓		✓	✓	✓
M 5. Belief in using abilities to their fullest to achieve high-quality results and outcomes		✓		✓	✓		✓
M 6. Understanding that postsecondary education and lifelong learning are necessary for long-term success			✓		✓		
<b>Behavior Standards: Learning Strategies</b>							
B-LS 1. Critical thinking skills to make informed decisions			✓		✓	✓	✓
B-LS 2. Creative approach to learning, tasks and problem solving				✓			
B-LS 3. Time-management, organizational and study skills				✓		✓	
B-LS 4. Self-motivation							



and self- direction for			✓		✓	✓	✓
B-LS 5. Media and technology skills to enhance learning					✓	✓	✓
B-LS 6. High-quality standards for tasks and activities							
B-LS 7. Long- and short-term academic, career and social/emotional goals		✓	✓		✓	✓	✓
B-LS 8. Engagement in challenging coursework							
B-LS 9. Decision-making informed by gathering evidence, getting others' perspectives and recognizing personal bias		✓	✓				✓
B-LS 10. Participation in enrichment and extracurricular activities						✓	

**Behavior Standards: Self-Management Skills**

B-SMS 1. Responsibility for self and actions	✓			✓		✓	✓
B-SMS 2. Self-discipline and self-control						✓	
B-SMS 3. Independent work				✓			
B-SMS 4. Delayed gratification for long-term rewards							
B-SMS 5. Perseverance to achieve long and short-term goals			✓		✓	✓	
B-SMS 6. Ability to identify and overcome barriers		✓	✓		✓	✓	
B-SMS 7. Effective coping skills				✓		✓	✓
B-SMS 8. Balance of school, home and community activities						✓	
B-SMS 9. Personal safety skills				✓			

B-SMS 10. Ability to manage transitions and			✓		✓	✓	✓
<b>Behavior Standards: Social Skills</b>							
B-SS 1. Effective oral and written communication skills and listening skills	✓			✓		✓	
B-SS 2. Positive, respectful and supportive relationships with students who are similar to and different from them	✓	✓	✓	✓	✓	✓	
B-SS 3. Positive relationships with adults to support success	✓					✓	
B-SS 4. Empathy		✓	✓	✓	✓	✓	✓
B-SS 5. Ethical decision-making and social responsibility				✓		✓	
B-SS 6. Effective collaboration and cooperation skills		✓	✓	✓	✓	✓	
B-SS 7. Leadership and teamwork skills to work effectively in diverse groups		✓	✓	✓	✓	✓	
B-SS 8. Advocacy skills for self and others and ability to assert self, when necessary			✓	✓		✓	
B-SS 9. Social maturity and behaviors appropriate to the situation and environment		✓		✓	✓	✓	✓
B-SS 10. Cultural awareness, sensitivity and responsiveness		✓				✓	