### Objective
Students will be able to determine who they should ask for help in specific school scenarios and practice with their peers.

### Supplies
- Pencils/Pens for students
- Asking for Help (one per student)
- Asking for Help - Script (one per student)
- Exit Slip: Asking for Help (one per student)

### Do Now
Students should complete the **Asking for Help** worksheet.

### Activity
Prior to the lesson, the instructor should assign partners with pairs of students who will be comfortable sharing and participating in activities together.

**Asking for Help**

1. Explain that the focus of this lesson will be about asking for help, specifically related to challenges you may face at school. In high school, it will be up to you to ask for help because you will need to be more independent and it’s good to prepare for this now. Today’s lesson will help you think about who to ask for help in specific situations so you can practice asking for help with a partner.

2. Ask the students if they see any connections between any of the challenges on the **Asking for Help** worksheet and the concepts discussed in previous weeks.

3. Ask students to review their **Asking for Help** worksheet with their partner. They should specifically discuss why they chose specific people to ask for help with their challenges. If the partners chose different people to help with a challenge, ask them to discuss why they might go to different people in that situation.

4. Ask several groups to share something from their pair discussion with the whole group.

5. In their same pairs, ask students to pick one challenge each from the **Asking for Help** worksheet. They should each pick a different challenge.
   
   a. Ask one student from each pair to volunteer to go first. This student will play themselves, and their partner will pretend to be the person they chose to ask for help for that specific challenge.
      
      i. Example: Student A chose “I am curious about applying to high school and want to talk with someone about it” and they selected an older classmate to ask for help. Student A will be themselves in this practice scenario, and Student B will pretend to be an older classmate.

   b. Set a timer for 5 minutes for the first challenge to be acted out. They should role play the full conversation of asking for help in as much detail as possible.
Encourage each student to share at least 3-4 lines of dialogue each to ensure they elaborate on their responses.

i. If needed, give the students a few minutes to write up a script before they start on the template provided. This will help them come up with 3 lines of dialogue each, and will help them remember which partner is going first.

ii. If you are co-teaching, or have a student who is willing to help, act out an example in front of the class to help them get started.

c. After the timer goes off, set a timer for another 5 minutes for the second challenge to be acted out.

6. Ask if there are any volunteers who would like to act out their scenario in front of the class.

a. If not, ask for volunteers to share what it was like to act out these scenarios in their pairs.

i. How did it feel? Do you wish you had said anything differently now that you are done? Did the person respond how you expected?

<table>
<thead>
<tr>
<th>Closing or Exit Slip</th>
<th>❚ Exit Slip</th>
</tr>
</thead>
<tbody>
<tr>
<td>Homework</td>
<td>❚ None</td>
</tr>
</tbody>
</table>
Asking for Help

Match the following challenges (on the left) with the person you would ask for help (on the right). Draw a line from each challenge to the person you would ask for help.

Helpful Notes:
- You can draw more than one line to a person. Example: Your teacher might be someone you would ask for help in several of these situations.
- Not all people need to be matched. Example: If you do not have a brother or sister, you would not ask them for help in these situations.

<table>
<thead>
<tr>
<th>Challenge</th>
<th>Person</th>
</tr>
</thead>
<tbody>
<tr>
<td>I need help with a homework assignment that is due tomorrow.</td>
<td>My Parent or Guardian</td>
</tr>
<tr>
<td>I don’t understand something that my teacher explained in class yesterday.</td>
<td>My School Counselor</td>
</tr>
<tr>
<td>I overslept in the morning so I am going to be late, and I want to let the school know.</td>
<td>My Teacher(s)</td>
</tr>
<tr>
<td>I want to find a summer program or camp that I can participate in before high school.</td>
<td>The Main Office</td>
</tr>
<tr>
<td>I can’t remember what day the high school fair is happening.</td>
<td>My Friends</td>
</tr>
<tr>
<td>I’m not getting along with one of my classmates and I need help figuring out what to do.</td>
<td>My Brother/Sister</td>
</tr>
<tr>
<td>I am missing one of my grades in math class, and now I have a B instead of an A.</td>
<td>My Classmates</td>
</tr>
<tr>
<td>I forgot my permission slip for the college trip and I need to call home.</td>
<td>An Older Student</td>
</tr>
<tr>
<td>I am curious about applying to high school and I want to talk with someone who went through the process.</td>
<td>My Principal</td>
</tr>
<tr>
<td>I want to make sure I am on-track before I get my next progress report, but I don’t have any grades entered for one of my classes.</td>
<td>Another Adult at School (Ex: security, City Year, front desk)</td>
</tr>
<tr>
<td>I want to start an art club after school so I have more extracurricular activities to show high schools, but I don’t know how to start.</td>
<td></td>
</tr>
</tbody>
</table>

LEARN | EXPLORE | ACHIEVE

GRADE 6: UNIT 2: LESSON 4
Asking for Help - Script

Example Scenario:

Mike is asking Ms. Lee for help, who is their counselor.

Partner A Partner B

The person you chose on your worksheet

First Scenario:

________________ is asking ______________ for help, who is their ____________________________.

Partner A Partner B The person you chose on your worksheet

Partner A (student): _________________________________________________________________________
___________________________________________________________________________________________

Partner B (person being asked for help): _________________________________________________________________________
___________________________________________________________________________________________

Partner A (student): _________________________________________________________________________
___________________________________________________________________________________________

Partner B (person being asked for help): _________________________________________________________________________
___________________________________________________________________________________________

Partner A (student): _________________________________________________________________________
___________________________________________________________________________________________

Partner B (person being asked for help): _________________________________________________________________________
___________________________________________________________________________________________

Partner A (student): _________________________________________________________________________
___________________________________________________________________________________________

Partner B (person being asked for help): _________________________________________________________________________
___________________________________________________________________________________________
Second Scenario:

__________ is asking ____________ for help, who is their _________________.

Partner B  
Partner A  
The person you chose on your worksheet

Partner B (student): __________________________________________________________________________
___________________________________________________________________________________________

Partner A (person being asked for help): __________________________________________________________________________
___________________________________________________________________________________________

Partner B (student): __________________________________________________________________________
___________________________________________________________________________________________

Partner A (person being asked for help): __________________________________________________________________________
___________________________________________________________________________________________

Partner B (student): __________________________________________________________________________
___________________________________________________________________________________________

Partner A (person being asked for help): __________________________________________________________________________
___________________________________________________________________________________________

Partner B (student): __________________________________________________________________________
___________________________________________________________________________________________

Partner A (person being asked for help): __________________________________________________________________________
___________________________________________________________________________________________
Exit Slip - Asking for Help

Brainstorm at least 3 challenges you may face in high school that will require you to ask for help. These challenges can be similar to the examples from our lesson today, but remember that in high school you will need to be more independent, and you will need to advocate for yourself even more than in middle school.

1. High School Challenge 1

Who could you ask for help with this challenge? ________________________________

2. High School Challenge 2

Who could you ask for help with this challenge? ________________________________

3. High School Challenge 3

Who could you ask for help with this challenge? ________________________________